

COURSE HANDICAP TABLE

Seaham Golf Club



Course Rating 71.9	Women's Red (fron	n 1 Apr 2024)	Par 72 Slope 131
Handicap Index®	Course Handicap	Handicap Index®	Course Handicap
+5.0 to +4.7	+6	23.0 to 23.8	27
+4.6 to +3.8	+5	23.9 to 24.6	28
+3.7 to +3.0	+4	24.7 to 25.5	29
+2.9 to +2.1	+3	25.6 to 26.3	30
+2.0 to +1.3	+2	26.4 to 27.2	31
+1.2 to +0.4	+1	27.3 to 28.1	32
+0.3 to 0.5	0	28.2 to 28.9	33
0.6 to 1.3	1	29.0 to 29.8	34
1.4 to 2.2	2	29.9 to 30.7	35
2.3 to 3.1	3	30.8 to 31.5	36
3.2 to 3.9	4	31.6 to 32.4	37
4.0 to 4.8	5	32.5 to 33.2	38
4.9 to 5.6	6	33.3 to 34.1	39
5.7 to 6.5	7	34.2 to 35.0	40
6.6 to 7.4	8	35.1 to 35.8	41
7.5 to 8.2	9	35.9 to 36.7	42
8.3 to 9.1	10	36.8 to 37.6	43
9.2 to 10.0	11	37.7 to 38.4	44
10.1 to 10.8	12	38.5 to 39.3	45
10.9 to 11.7	13	39.4 to 40.1	46
11.8 to 12.5	14	40.2 to 41.0	47
12.6 to 13.4	15	41.1 to 41.9	48
13.5 to 14.3	16	42.0 to 42.7	49
14.4 to 15.1	17	42.8 to 43.6	50
15.2 to 16.0	18	43.7 to 44.5	51
16.1 to 16.9	19	44.6 to 45.3	52
17.0 to 17.7	20	45.4 to 46.2	53
17.8 to 18.6	21	46.3 to 47.0	54
18.7 to 19.4	22	47.1 to 47.9	55
19.5 to 20.3	23	48.0 to 48.8	56
20.4 to 21.2	24	48.9 to 49.6	57
21.3 to 22.0	25	49.7 to 50.5	58
22.1 to 22.9	26	50.6 to 51.4	59

INSTRUCTIONS

Find the range containing your Course Handicap in the left column.
Play with the Course Handicap in the right column which correspond with that range.
Please make sure the tees you are playing correspond with the tees this table applies to.

Handi Index8	•	Course Handicap	Handicap Index®	Course Handicap
51.5 to	52.2	60		
52.3 to	53.1	61		
53.2 to	53.9	62		
54.0 to	54.0	63		

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