

## COURSE HANDICAP TABLE

Seaham Golf Club

Course Rating 69.7

## Men's White (from 1 Apr 2024)

Par 70 Slope 126

Handicap Index&reg;	Course Handicap	Handicap Index&reg;	Course Handicap
+5.0 to +4.7	+6	23.2 to 24.0	26
+4.6 to +3.8	+5	24.1 to 24.9	27
+3.7 to +2.9	+4	25.0 to 25.8	28
+2.8 to +2.0	+3	25.9 to 26.7	29
+1.9 to +1.1	+2	26.8 to 27.6	30
+1.0 to +0.2	+1	27.7 to 28.5	31
+0.1 to 0.7	0	28.6 to 29.4	32
0.8 to 1.6	1	29.5 to 30.3	33
1.7 to 2.5	2	30.4 to 31.2	34
2.6 to 3.4	3	31.3 to 32.1	35
3.5 to 4.3	4	32.2 to 33.0	36
4.4 to 5.2	5	33.1 to 33.8	37
5.3 to 6.0	6	33.9 to 34.7	38
6.1 to 6.9	7	34.8 to 35.6	39
7.0 to 7.8	8	35.7 to 36.5	40
7.9 to 8.7	9	36.6 to 37.4	41
8.8 to 9.6	10	37.5 to 38.3	42
9.7 to 10.5	11	38.4 to 39.2	43
10.6 to 11.4	12	39.3 to 40.1	44
11.5 to 12.3	13	40.2 to 41.0	45
12.4 to 13.2	14	41.1 to 41.9	46
13.3 to 14.1	15	42.0 to 42.8	47
14.2 to 15.0	16	42.9 to 43.7	48
15.1 to 15.9	17	43.8 to 44.6	49
16.0 to 16.8	18	44.7 to 45.5	50
16.9 to 17.7	19	45.6 to 46.4	51
17.8 to 18.6	20	46.5 to 47.3	52
18.7 to 19.5	21	47.4 to 48.2	53
19.6 to 20.4	22	48.3 to 49.1	54
20.5 to 21.3	23	49.2 to 50.0	55
21.4 to 22.2	24	50.1 to 50.9	56
22.3 to 23.1	25	51.0 to 51.8	57

## INSTRUCTIONS

Find the range containing your Course Handicap in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

<b>Handicap Index&amp;reg;</b>	<b>Course Handicap</b>	<b>Handicap Index&amp;reg;</b>	<b>Course Handicap</b>
51.9 to 52.7	58		
52.8 to 53.6	59		
53.7 to 54.0	60		

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